

# Even when just going down the street: always use a car seat

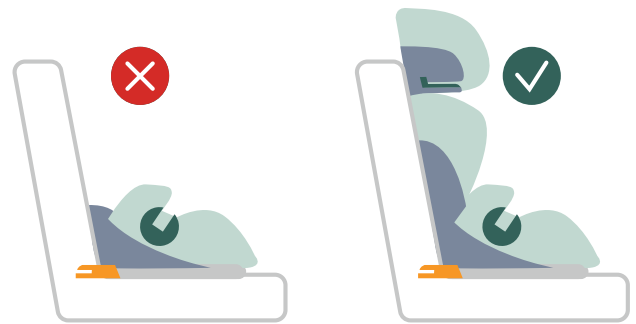
Travel safely with the 4 of Safely taking your child in the Car

If I take my child with me in the car...

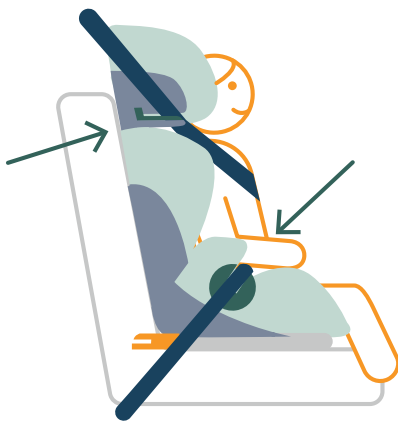
- 1 ...my child will always be in a child car seat until they are 1.35m



- 2 ...I use a child car seat with a backrest



- 3 ...I pull the seat belt through the red or green dots



- 4 ...the seat belt runs over my child's shoulder



Check which milestone your child has reached at [kinderveiligheid.nl/mijlpalencheck](https://kinderveiligheid.nl/mijlpalencheck) and receive yet more advice and tips to help your child grow up safely.