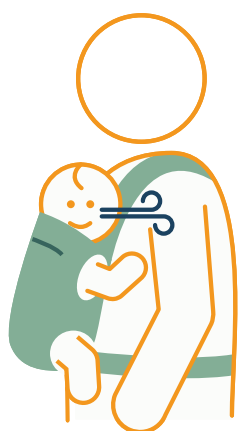# Give your child plenty of room (to breathe)

Carry your baby safely with the 4 of Safe Carrying

When I carry my baby...

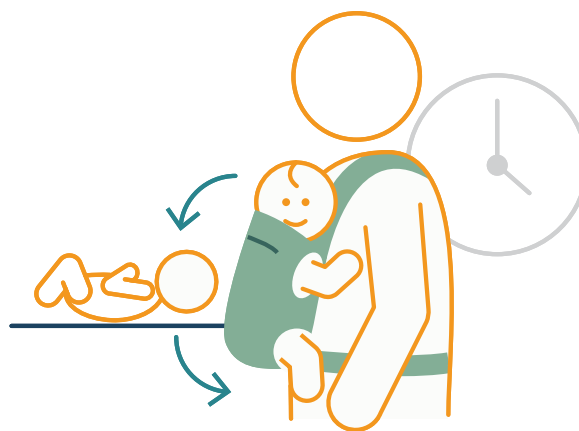**1** ...I make sure their nose and mouth are clear

2 ...I make sure they don't get too hot

3 ...I properly support my baby's back and neck

4 ...I regularly lay them flat on their stomach or back

Check which milestone your child has reached at kinderveiligheid.nl/mijlpalencheck and receive yet more advice and tips to help your child grow up safely.

Kinder veiligheid
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